



Information for Chinese Students

Diet

One of the comforts of home is familiar food. While you will miss some foods, it is important to know that most Chinese produce and food can be found here in Arizona. Some items will be less expensive (meats and dairy) and others will be more expensive than you are used to in China (dried black mushrooms, noodles and frozen dumplings). While dumplings are not a mainstay of the American diet, they can be found in restaurants throughout Phoenix. They can also be made at your apartment as the ingredients to make dumplings are inexpensive in the U.S.

If there are certain spices that are only found in your hometown, plan on bringing some with you. That unique taste of home will provide you comfort if you find yourself homesick.

Clothing

Clothing sizes might be a bit larger than in China. Shop accordingly and look to adjust what your size was at home to American clothing sizes. Bring a good selection of casual clothes and shoes along with you from home. You will need shorts and short-sleeved shirts in the summertime, and jeans, long pants, long sleeved-shirts and a light jacket in late fall and winter.

Health

Visits to the doctor are expensive, so do your best to take care of yourself, before and during your stay. If you have outstanding medical issues, including wisdom teeth removal, it is best to take care of it before arriving in Phoenix.

If you do have a medical problem, TransPac can help connect you with a local healthcare clinic, doctor or dentist. Personal medical insurance is suggested.

Schoolwork

The school system is very different. Students will not succeed with an easy, laid back, "by luck" attitude. The TransPac Aviation Academy course is rigorous and intense.

Cheating is intolerable at TransPac.

The TransPac Aviation Academy campus is English-only. Please study your English writing and conversation before leaving home. Sufficient English vocabulary and speaking skills are vital to your success at TransPac.